

## 神戸市中央区ロードレース大会 クリスマスランニングフェスタ in HAT神戸

2023/12/23

## 10kmマラソン男子 LAP

| 順位 | No  | 氏名       | 記録      | LAP1    | LAP2               | LAP3               | LAP4               | LAP5               | LAP6               | LAP7               | LAP8               | LAP9               | LAP10              |
|----|-----|----------|---------|---------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|
| 1  | 319 | 佐藤 圭太    | 0:35:11 | 0:03:31 | 0:07:02<br>0:03:31 | 0:10:35<br>0:03:33 | 0:14:08<br>0:03:33 | 0:17:39<br>0:03:31 | 0:21:09<br>0:03:30 | 0:24:40<br>0:03:31 | 0:28:11<br>0:03:31 | 0:31:43<br>0:03:32 | 0:35:11<br>0:03:28 |
| 2  | 336 | 中安 秀人    | 0:36:53 | 0:03:41 | 0:07:27<br>0:03:46 | 0:11:11<br>0:03:44 | 0:14:53<br>0:03:42 | 0:18:35<br>0:03:42 | 0:22:14<br>0:03:39 | 0:25:57<br>0:03:43 | 0:29:41<br>0:03:44 | 0:33:23<br>0:03:42 | 0:36:53<br>0:03:30 |
| 3  | 306 | 惣川 塁     | 0:39:09 | 0:03:57 | 0:07:51<br>0:03:54 | 0:11:48<br>0:03:57 | 0:15:41<br>0:03:53 | 0:19:34<br>0:03:53 | 0:23:31<br>0:03:57 | 0:27:26<br>0:03:55 | 0:31:23<br>0:03:57 | 0:35:17<br>0:03:54 | 0:39:09<br>0:03:52 |
| 4  | 329 | 藤本 涉     | 0:39:14 | 0:03:43 | 0:07:37<br>0:03:54 | 0:11:38<br>0:04:01 | 0:15:37<br>0:03:59 | 0:19:34<br>0:03:57 | 0:23:30<br>0:03:56 | 0:27:25<br>0:03:55 | 0:31:23<br>0:03:58 | 0:35:24<br>0:04:01 | 0:39:14<br>0:03:50 |
| 5  | 313 | 小林 涉     | 0:39:49 | 0:04:06 | 0:08:01<br>0:03:55 | 0:11:58<br>0:03:57 | 0:15:51<br>0:03:53 | 0:19:45<br>0:03:54 | 0:23:40<br>0:03:55 | 0:27:46<br>0:04:06 | 0:31:49<br>0:04:03 | 0:35:53<br>0:04:04 | 0:39:49<br>0:03:56 |
| 6  | 325 | 堀井 和由    | 0:42:22 | 0:04:06 | 0:08:18<br>0:04:12 | 0:12:31<br>0:04:13 | 0:16:48<br>0:04:17 | 0:21:09<br>0:04:21 | 0:25:25<br>0:04:16 | 0:29:44<br>0:04:19 | 0:34:00<br>0:04:16 | 0:38:16<br>0:04:16 | 0:42:22<br>0:04:06 |
| 7  | 314 | 藤川 最史    | 0:43:04 | 0:03:58 | 0:08:13<br>0:04:15 | 0:12:33<br>0:04:20 | 0:16:56<br>0:04:23 | 0:21:18<br>0:04:22 | 0:25:43<br>0:04:25 | 0:30:12<br>0:04:29 | 0:34:35<br>0:04:23 | 0:38:50<br>0:04:15 | 0:43:04<br>0:04:14 |
| 8  | 333 | 加納 瑠果    | 0:44:49 | 0:04:29 | 0:09:05<br>0:04:36 | 0:13:35<br>0:04:30 | 0:18:04<br>0:04:29 | 0:22:30<br>0:04:26 | 0:26:59<br>0:04:29 | 0:31:29<br>0:04:30 | 0:35:56<br>0:04:27 | 0:40:23<br>0:04:27 | 0:44:49<br>0:04:26 |
| 9  | 328 | 塚本 崇義    | 0:45:32 | 0:04:44 | 0:09:16<br>0:04:32 | 0:13:55<br>0:04:39 | 0:18:29<br>0:04:34 | 0:23:08<br>0:04:39 | 0:27:42<br>0:04:34 | 0:32:17<br>0:04:35 | 0:36:50<br>0:04:33 | 0:41:23<br>0:04:33 | 0:45:32<br>0:04:09 |
| 10 | 332 | 安方 満     | 0:45:36 | 0:04:23 | 0:08:48<br>0:04:25 | 0:13:19<br>0:04:31 | 0:17:54<br>0:04:35 | 0:22:33<br>0:04:39 | 0:27:11<br>0:04:38 | 0:31:52<br>0:04:41 | 0:36:33<br>0:04:41 | 0:41:16<br>0:04:43 | 0:45:36<br>0:04:20 |
| 11 | 311 | 伊勢 功一    | 0:46:27 | 0:04:45 | 0:09:14<br>0:04:29 | 0:13:51<br>0:04:37 | 0:18:26<br>0:04:35 | 0:23:05<br>0:04:39 | 0:27:40<br>0:04:35 | 0:32:17<br>0:04:37 | 0:37:01<br>0:04:44 | 0:42:00<br>0:04:59 | 0:46:27<br>0:04:27 |
| 12 | 335 | 井田 利紀    | 0:46:42 | 0:04:46 | 0:09:21<br>0:04:35 | 0:13:55<br>0:04:34 | 0:18:34<br>0:04:39 | 0:23:12<br>0:04:38 | 0:27:56<br>0:04:44 | 0:32:36<br>0:04:40 | 0:37:21<br>0:04:45 | 0:42:06<br>0:04:45 | 0:46:42<br>0:04:36 |
| 13 | 305 | 古井 直彰    | 0:48:47 | 0:04:34 | 0:09:16<br>0:04:42 | 0:14:04<br>0:04:48 | 0:18:52<br>0:04:48 | 0:23:51<br>0:04:59 | 0:28:51<br>0:05:00 | 0:33:54<br>0:05:03 | 0:38:54<br>0:05:00 | 0:43:58<br>0:05:04 | 0:48:47<br>0:04:49 |
| 14 | 315 | セナウィーラ 翔 | 0:49:57 | 0:04:07 | 0:08:36<br>0:04:29 | 0:13:20<br>0:04:44 | 0:18:08<br>0:04:48 | 0:23:10<br>0:05:02 | 0:28:38<br>0:05:28 | 0:34:01<br>0:05:23 | 0:39:20<br>0:05:19 | 0:44:33<br>0:05:13 | 0:49:57<br>0:05:24 |
| 15 | 324 | 杉本 哲治郎   | 0:50:24 | 0:05:04 | 0:10:06<br>0:05:02 | 0:15:13<br>0:05:07 | 0:20:10<br>0:04:57 | 0:25:10<br>0:05:00 | 0:30:08<br>0:04:58 | 0:35:18<br>0:05:10 | 0:40:23<br>0:05:05 | 0:45:28<br>0:05:05 | 0:50:24<br>0:04:56 |
| 16 | 316 | 橋本 尚幸    | 0:51:21 | 0:04:51 | 0:09:50<br>0:04:59 | 0:14:51<br>0:05:01 | 0:19:55<br>0:05:04 | 0:25:08<br>0:05:13 | 0:30:18<br>0:05:10 | 0:35:34<br>0:05:16 | 0:40:51<br>0:05:17 | 0:46:13<br>0:05:22 | 0:51:21<br>0:05:08 |

## 神戸市中央区ロードレース大会 クリスマスランニングフェスタ in HAT神戸

2023/12/23

## 10kmマラソン男子 LAP

| 順位 | No  | 氏名     | 記録      | LAP1    | LAP2               | LAP3               | LAP4               | LAP5               | LAP6               | LAP7               | LAP8               | LAP9               | LAP10              |
|----|-----|--------|---------|---------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|
| 17 | 323 | 國貞 栄二  | 0:52:46 | 0:05:08 | 0:10:17<br>0:05:09 | 0:15:35<br>0:05:18 | 0:20:46<br>0:05:11 | 0:26:00<br>0:05:14 | 0:31:11<br>0:05:11 | 0:36:30<br>0:05:19 | 0:41:57<br>0:05:27 | 0:47:35<br>0:05:38 | 0:52:46<br>0:05:11 |
| 18 | 317 | 仲野 幹   | 0:54:23 | 0:04:54 | 0:09:59<br>0:05:05 | 0:15:22<br>0:05:23 | 0:21:24<br>0:06:02 | 0:26:50<br>0:05:26 | 0:32:35<br>0:05:45 | 0:38:19<br>0:05:44 | 0:43:58<br>0:05:39 | 0:49:11<br>0:05:13 | 0:54:23<br>0:05:12 |
| 19 | 334 | 中村 聡仁  | 0:54:34 | 0:05:35 | 0:11:12<br>0:05:37 | 0:16:44<br>0:05:32 | 0:22:15<br>0:05:31 | 0:27:47<br>0:05:32 | 0:33:18<br>0:05:31 | 0:38:49<br>0:05:31 | 0:44:23<br>0:05:34 | 0:49:45<br>0:05:22 | 0:54:34<br>0:04:49 |
| 20 | 330 | 藤井 暢彦  | 0:54:36 | 0:05:13 | 0:10:27<br>0:05:14 | 0:15:47<br>0:05:20 | 0:21:24<br>0:05:37 | 0:26:48<br>0:05:24 | 0:32:29<br>0:05:41 | 0:38:13<br>0:05:44 | 0:43:48<br>0:05:35 | 0:49:25<br>0:05:37 | 0:54:36<br>0:05:11 |
| 21 | 320 | 岸本 正己  | 0:55:14 | 0:04:59 | 0:10:09<br>0:05:10 | 0:15:32<br>0:05:23 | 0:21:08<br>0:05:36 | 0:26:47<br>0:05:39 | 0:32:28<br>0:05:41 | 0:38:12<br>0:05:44 | 0:43:55<br>0:05:43 | 0:49:44<br>0:05:49 | 0:55:14<br>0:05:30 |
| 22 | 321 | 出口 睦   | 0:55:23 | 0:06:01 | 0:11:39<br>0:05:38 | 0:17:23<br>0:05:44 | 0:22:57<br>0:05:34 | 0:28:18<br>0:05:21 | 0:33:36<br>0:05:18 | 0:39:10<br>0:05:34 | 0:44:40<br>0:05:30 | 0:50:21<br>0:05:41 | 0:55:23<br>0:05:02 |
| 23 | 331 | 堀之内 博昭 | 0:58:05 | 0:05:23 | 0:11:07<br>0:05:44 | 0:17:06<br>0:05:59 | 0:23:02<br>0:05:56 | 0:28:59<br>0:05:57 | 0:34:57<br>0:05:58 | 0:41:08<br>0:06:11 | 0:47:12<br>0:06:04 | 0:52:47<br>0:05:35 | 0:58:05<br>0:05:18 |
| 24 | 318 | 藤沢 達雄  | 0:58:17 | 0:05:57 | 0:12:03<br>0:06:06 | 0:18:06<br>0:06:03 | 0:24:03<br>0:05:57 | 0:29:55<br>0:05:52 | 0:35:45<br>0:05:50 | 0:41:37<br>0:05:52 | 0:47:24<br>0:05:47 | 0:53:05<br>0:05:41 | 0:58:17<br>0:05:12 |
| 25 | 307 | 岡田 良和  | 1:01:02 | 0:06:08 | 0:12:05<br>0:05:57 | 0:17:58<br>0:05:53 | 0:24:05<br>0:06:07 | 0:30:04<br>0:05:59 | 0:36:14<br>0:06:10 | 0:42:34<br>0:06:20 | 0:48:36<br>0:06:02 | 0:54:45<br>0:06:09 | 1:01:02<br>0:06:17 |
| 26 | 322 | 石橋 秀平  | 1:03:26 | 0:05:40 | 0:11:30<br>0:05:50 | 0:17:22<br>0:05:52 | 0:23:21<br>0:05:59 | 0:29:39<br>0:06:18 | 0:36:18<br>0:06:39 | 0:42:39<br>0:06:21 | 0:49:29<br>0:06:50 | 0:56:11<br>0:06:42 | 1:03:26<br>0:07:15 |
| 27 | 327 | 亀井 洋一郎 | 1:03:37 | 0:05:59 | 0:12:12<br>0:06:13 | 0:18:37<br>0:06:25 | 0:25:01<br>0:06:24 | 0:31:27<br>0:06:26 | 0:37:55<br>0:06:28 | 0:44:30<br>0:06:35 | 0:51:06<br>0:06:36 | 0:57:38<br>0:06:32 | 1:03:37<br>0:05:59 |
| 28 | 304 | 福田 浩之  | 1:04:58 | 0:05:46 | 0:11:56<br>0:06:10 | 0:18:22<br>0:06:26 | 0:25:46<br>0:07:24 | 0:31:50<br>0:06:04 | 0:38:17<br>0:06:27 | 0:44:55<br>0:06:38 | 0:51:27<br>0:06:32 | 0:58:14<br>0:06:47 | 1:04:58<br>0:06:44 |
| 29 | 303 | 山形 芳弘  | 1:09:12 | 0:07:35 | 0:14:38<br>0:07:03 | 0:21:31<br>0:06:53 | 0:28:17<br>0:06:46 | 0:35:02<br>0:06:45 | 0:41:52<br>0:06:50 | 0:49:01<br>0:07:09 | 0:55:37<br>0:06:36 | 1:02:19<br>0:06:42 | 1:09:12<br>0:06:53 |
| 30 | 310 | 谷口 博志  | 1:12:55 | 0:06:27 | 0:13:24<br>0:06:57 | 0:20:14<br>0:06:50 | 0:27:46<br>0:07:32 | 0:34:54<br>0:07:08 | 0:42:25<br>0:07:31 | 0:49:55<br>0:07:30 | 0:57:38<br>0:07:43 | 1:05:25<br>0:07:47 | 1:12:55<br>0:07:30 |
| 31 | 302 | 中井 忠   | 1:18:32 | 0:07:34 | 0:15:22<br>0:07:48 | 0:22:46<br>0:07:24 | 0:30:18<br>0:07:32 | 0:38:15<br>0:07:57 | 0:46:15<br>0:08:00 | 0:54:23<br>0:08:08 | 1:03:08<br>0:08:45 | 1:10:52<br>0:07:44 | 1:18:32<br>0:07:40 |
| 32 | 312 | 佐藤 道広  | 1:18:49 | 0:07:19 | 0:16:06<br>0:08:47 | 0:23:57<br>0:07:51 | 0:31:42<br>0:07:45 | 0:39:44<br>0:08:02 | 0:47:30<br>0:07:46 | 0:55:27<br>0:07:57 | 1:03:24<br>0:07:57 | 1:11:18<br>0:07:54 | 1:18:49<br>0:07:31 |

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|----------------|----|----|----|------|------|------|------|------|------|------|------|------|-------|
| Powered by 走る堂 |    |    |    |      |      |      |      |      |      |      |      |      |       |